



Friday 25th September 2026

Food Safety Guidance

Following updated guidance on reducing the risk of choking in young children, we have reviewed our school meal arrangements and are asking for your support with packed lunches and snacks brought from home. Whilst the guidance applies to children 5 years old and under, we still advise all families to follow the guidance where possible when sending food into school.

Young children can choke on any food, but some foods present a higher risk due to their size, shape or texture. By making a few simple changes to how food is prepared, we can help keep all children safe. Current guidance can be found here:

<https://help-for-early-years-providers.education.gov.uk/health-and-wellbeing/food-safety>

If Your Child Brings a Packed Lunch

Please ensure that:

- Any stones or pips are removed from fruit before packing.
- Grapes, strawberries, blueberries and cherry tomatoes are cut lengthways and into quarters.
- Melon, apple, carrot and other hard fruits or vegetables are cut into thin slices or batons, rather than chunks.
- Cheese is cut into thin strips rather than cubes or chunks.
- Whole seeds are not included for children under five.
- Popcorn is not included in lunchboxes or snack boxes.
- Sausages, if provided, are cut into thin strips with any skin removed. However, we encourage healthier alternatives as sausages are high in salt.
- Bread is easy for your child to manage, with wholemeal or toasted varieties being preferable where appropriate.

We would also like to remind families that we are an Allergy Aware School. Please do not send any items containing nuts, as some children in our school community have severe allergies.

We understand that adapting lunchbox contents may take a little time, and we appreciate your support. In order to maintain a safe environment for all children, if staff identify food items that do

not meet the choking prevention guidance or contain nuts, we may need to remove the item and return it home. This will always be done sensitively and with the sole aim of keeping children safe.

Our staff will continue to supervise children carefully at mealtimes and encourage safe eating habits, such as sitting while eating, taking small bites and chewing food thoroughly.

Thank you for your support and cooperation in helping us provide the safest possible environment for all children.

Important Road Safety Reminder

Following a serious incident recently in which one of our children was almost hit by a car outside the school gates, we need to reinforce the importance of driving and parking safely and responsibly when dropping off and collecting children.

The roads around school are extremely busy at these times and the safety of our children must come first.

To help keep everyone safe, please **do not**:

- **Park on or opposite the zig-zag lines outside the school gates.** This causes an obstruction, significantly reduces visibility and puts children and other pedestrians at risk when crossing the road.
- **Exceed the 20mph speed limit.** Twiss Green Lane is a 20mph zone and we ask all drivers to observe this limit at all times.
- **Pull away from a parking space without checking carefully that the road and surrounding area are clear,** particularly for children who may be attempting to cross.
- **Use the staff car park for drop-off or collection,** including for Breakfast and After School Club. Children, families and staff are arriving and leaving throughout these times and additional vehicles increase the risk to pedestrians. Please use the car park on Petersfield Gardens instead.

We have asked our local PCSO for support and are exploring further ways to reinforce these important safety messages across our school community. However, keeping our children safe is a shared responsibility. We ask every parent, carer and visitor to be vigilant, considerate and responsible when driving and parking around school. **No convenience is worth putting a child's safety at risk.**

Thank you for helping us to keep all members of Team TG safe.



World Mental Health Day

Next week in school we will be marking World Mental Health Day through a series of events throughout the week designed to highlight the importance of taking care of our mental health.

Parent Workshop

On Monday 5th October at 9am, parents and carers are invited to attend a workshop about supporting young people's mental health, led by the Schools Link Mental Health Team. The team are based at Culcheth High School and have supported many of our children on a one-to-one basis and by leading whole-class workshops on a range of topics, including mindfulness and transition.

The workshop is an opportunity to find out more about children's mental health and wellbeing and to hear practical advice and guidance about how parents and carers can support their children. There will also be an opportunity to find out more about the support available locally for children and families.

Please let the school office know if you would like to attend - we hope that as many family members as possible will be able to join us.

Wellness Day

On Wednesday 7th October, our PTFA have organised a Wellness Day, which will include the opportunity for children to take part in activities which support their mental health such as yoga, activity sessions and Forest School. Please can all children come to school in their PE kit that day.

The PTFA are looking for local families and businesses who can donate fresh fruit, vegetables and healthy snacks to share with the children on the day and highlight how good nutrition fits into a healthy, balanced lifestyle. Please contact the PTFA at twissgreenptfa1@gmail.com if you can help!

Hello Yellow Day

On Friday 9th October, we are supporting the charity YoungMinds by holding a Hello Yellow Day. Children are invited to come into school in their own clothes, wearing something yellow in return for a donation to the charity. You can find out more about YoungMinds and Hello Yellow here:

<https://www.youngminds.org.uk/>

Our fundraising page for YoungMinds can be found below. Please add a donation for your child either before, or on the day.

<https://fundraise.youngminds.org.uk/s/11685/12837>



Supporting Young People's Mental Health

Monday 5th October 2026
9am - 10am
at Twiss Green
Primary School



**Join the Schools Link Mental Health
Team to gain tools and techniques
to help support your child's Mental
Health and emotional regulation**

**Please contact the
school office to book
your place.**

Green Flag Award

We are thrilled to share the news that our Eco Council achieved the Eco-Schools Green Flag Award once again at the end of the summer term!

We are incredibly proud of this achievement, which reflects our ongoing commitment to sustainability and caring for our environment. A huge well done to all the children involved in our Eco Council for their enthusiasm, ideas and hard work throughout the year. They have helped to make a real difference across our school and continue to encourage us all to think about the small changes we can make to look after our planet.

We look forward to building on their fantastic work this year and continuing to make Twiss Green an even greener place to learn and grow. Well done, Team TG!



DATES FOR YOUR DIARY



WHAT'S HAPPENING?

Monday 5th October

Supporting Young People's Mental Health workshop for parents, 9am

Wednesday 7th October

Wellness Day organised by the PTFA

Friday 9th October

Hello Yellow Day – wear something yellow in return for a donation to
Young Minds to mark World Mental Health Day

Wednesday 14th October

Year 1 Share a Lesson, 2pm

Wednesday 14th October

Open Evening for Nursery and Reception 2027, 4-6pm

Friday 16th October

Year 3 Stone Age Workshop

Monday 19th October

Mwanjati Monday – non-uniform day