

SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, soren and cheese & biscuits

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



Week One

Meat Free Monday

- ✓ Homemade Macaroni Cheese
- ✓ Vegetarian Sausage Roll
baked diced potatoes and beans

Strawberry Ice Cream

Tuesday

- V Roast Gammon
served with sage and onion stuffing
creamed & roast potatoes,
seasonal fresh carrots and broccoli
and gravy

Cooks choice curry served with 50/50 rice

Fresh Fruit Segments
or yoghurt

Wednesday

- V Pork Sausage with creamed potatoes, gravy served
with seasonal fresh carrots and peas

- V Hot Tuna Panini served with
coleslaw, sweetcorn and salad

Homemade Blueberry Cake

Thursday

- V Cooks choice Homemade Lasagne or Pasta Bake
served with seasonal vegetables

- V Crumb Coated Chicken served with homemade
wedge potatoes, seasonal vegetables

- V Jelly and Fruit

Friday

- V Oven baked Fish Fingers
served with chunky chipped potatoes, garden peas or
baked beans

- ✓ Homemade Cheese Flan served with chunky
chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

Week Two

Meat Free Monday

- ✓ Margarita Pizza
served with baked jacket wedges
and sweetcorn

- ✓ Homemade Oven Baked Omelette
served with jacket wedges
baked beans and fresh spinach

Raspberry Ripple Ice Cream

Tuesday

- V Roast Turkey with
sage and onion stuffing
served with roast & creamed potatoes,
seasonal fresh carrots and broccoli
and gravy

- V Chilli Beef served with 50/50 rice

Fresh Fruit Salad or
Yoghurt

Wednesday

- V Cooks choice homemade pie
Served with seasonal vegetables

- ✓ Spicy Quorn served with savoury rice
and mixed vegetables

- V Jelly and Fruit

Thursday

- V Homemade Spaghetti Bolognese
served with garden peas

- ✓ Vegetarian curry served with 50/50 rice

Cooks choice
Homemade Carrot Cake
or Banana and Oat Cake

Friday

- V Oven baked Battered Salmon
served with chunky chipped potatoes
garden peas or baked beans

- V Chicken goujons
served with chunky chipped potatoes
garden peas or baked beans

Homemade cooks choice Biscuit

Week Three

Meat Free Monday

- ✓ Homemade Tomato and Mascarpone Pasta Bake
served with seasonal vegetables

- ✓ Quorn nuggets with baked herby diced
potatoes, and sweetcorn

Chocolate Ice Cream

Tuesday

- V Roast Chicken
sage & onion stuffing served with gravy,
roast & creamed potatoes,
seasonal fresh carrot and cabbage

- ✓ Vegetarian Burger in a bun
Baked wedged potatoes and coleslaw

Fresh Fruit Segments or
Yoghurt

Wednesday

- V Chicken Tikka Masala served with 50/50 rice

- V Baguette pizza
served with fresh salad and coleslaw

Apple Crumble and custard

Thursday

- V Pork Meatballs in homemade tomato and basil
sauce served with wholemeal pasta and garden peas

Twice Baked Jacket Potatoes
with ham and cheese
served with baked beans

- V Jelly and Fruit

Friday

Red Tractor Chicken Poppers
served with chunky chipped potatoes,
garden peas or baked beans

- V Oven baked Battered Fish served with chunky
chipped potatoes, garden peas or baked beans

Homemade Biscuit or Cookie

Menu cycle week one : 31st Oct, 21st Nov, 12th Dec, 9th Jan,
30th Jan, 20th Feb, 13th Mar, 3rd Apr, 24 Apr, 15th May, 5th Jun, 26th
Jun, 17th July,

Menu cycle week two: 7th Nov, 28th Nov, 19th Dec, 16th Jan,
6th Feb, 27th Feb, 20th Mar, 10th Apr, 1st May, 22nd May, 12th Jun,
3rd July, 24th July

Menu cycle week three: 14th Nov, 5th Dec, 2nd Jan, 23rd Jan,
13th Feb, 6th Mar, 27th Mar, 17th Apr, 8th May, 29th May, 19th Jun,
10th July,

School Menu Autumn/Winter 2022-2023



= Vegetarian V = Vegetarian substitute available
Lunch will be served with fresh milk or drinking water.
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals
helpdesk on 01925 443082 or visit our website
www.warrington.gov.uk/schoolmeals



WARRINGTON
Borough Council

