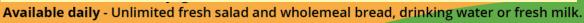
School Menu Summer/Autumn 2022

















Week One

Meat Free Monday

Homemade Macaroni cheese, served with baked beans or garden peas

Wegetarian Sausage Roll, served with savoury potatoes, baked beans or garden peas

Filled Jacket Potato
Served with fresh crisp salad

Vanilla ice cream

Tuesday

V Roast Gammon served with creamed & roast potatoes, seasonal fresh seasonal vegetables & gravy

Cooks choice Curry served with 50/50 Rice

Filled Jacket Potato
Served with fresh crisp salad

Fresh fruit segments, Melon or Yoghurt

Wednesday

Hot Cheese Panini Served with fresh crisp salad & Coleslaw

Hot Paninis served with fresh crisp salad, Coleslaw & sweetcorn

Filled Jacket Potato
Served with fresh crisp salad

Cooks Choice Homemade cake

Thursday

V Homemade Pasta Bake served with Garden Peas

Oven baked Crumb coated chicken served with wedges & garden peas

Filled Jacket Potato
Served with fresh crisp salad

Jelly and Fruit

Friday

Oven baked Fish Fingers served with chunky chipped potatoes, garden peas or baked beans

Homemade Cheese Flan served with chunky chipped potatoes garden peas or baked beans



Cooks Homemade Shortbread

Week Two

Meat Free Monday

Margarita Pizza
Served with herby diced potatoes, and sweetcorn

Homemade Baked Omelette Served with herby diced potatoes, and sweetcorn

Filled Jacket Potato
Served with fresh crisp salad

Vanilla ice cream

Tuesday

Homemade Cottage Pie served with seasonal vegetable

Beef chilli served with 50/50 rice

Filled Jacket Potato
Served with fresh crisp salad

Fresh fruit segments, Melon or Yoghurt

Wednesday

V Hot Cheese and Ham Panini Melts Served with fresh crisp salad & Coleslaw

Spicy Quorn served with savoury rice & vegetables

Filled Jacket Potato
Served with fresh crisp salad

Jelly and Fruit

Thursday

V Homemade Pasta Bolognaise served with garden peas

Oven baked Battered Salmon served with wedges and garden peas

Filled Jacket Potato
Served with fresh crisp salad

Cooks Choice Homemade Biscuit

Friday

Chicken goujons served with chunky chipped potatoes garden peas or baked beans

Homemade Cheese Flan served with chunky chipped potatoes garden peas or baked beans

Filled Jacket Potato
Served with fresh crisp salad

Cooks Homemade Cake

Week Three

Meat Free Monday

Momemade Tomato & mascarpone pasta bake served with a fresh crisp salad

Oven baked Quorn Nuggets served with herby diced potatoes and sweetcorn

Filled Jacket Potato
Served with fresh crisp salad

Vanilla ice cream

Tuesday

V Roast Chicken served with sage & onion stuffing roast & creamed potatoes, seasonal fresh vegetables & gravy,

Fish finger served with Creamed potatoes and seasonal fresh vegetables

Filled Jacket Potato
Served with fresh crisp salad

Fresh fruit segments, Melon or Yoghurt

Wednesday

Chicken Tikka Masala served with 50/50 rice & vegetables

Beef burger in a bun
With baked wedged potatoes and coleslaw

Filled Jacket Potato
Served with fresh crisp salad

Cooks Homemade Flapjack

Thursday

V Pork Meatballs in homemade tomato sauce served with Spaghetti and peas

Cooks choice Hot Paninis or wrap served with a fresh crisp salad & Coleslaw

Filled Jacket Potato
Served with fresh crisp salad

Jelly and Fruit

Friday

Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

Homemade Cheese Flan served with chunky chipped potatoes garden peas or baked beans

Filled Jacket Potato
Served with fresh crisp salad

Cooks Homemade Cake



Menu cycle week one: 16th May, 6th June, 27th June, 18th July, 8th August, 19th September, 10th October

Menu cycle week two: 2nd May, 23rd May, 13th June, 4th July, 25th July, 15th August, 5th Sept,26th Sept, 17th Oct

Menu cycle week three: 9th May, 30th May, 20th June, 11th July, 1st August, 12th Sept, 3rd October, 24th October



= Vegetarian V = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals

