

# SCHOOL MEALS

School Menu Summer/Autumn 2022

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



## Week One

### Meat Free Monday

Homemade Macaroni cheese, served with baked beans or garden peas

✓ Vegetarian Sausage Roll, served with savoury potatoes, baked beans or garden peas

✓ Filled Jacket Potato  
Served with fresh crisp salad

Vanilla ice cream

### Tuesday

✓ Roast Gammon served with creamed & roast potatoes, seasonal fresh seasonal vegetables & gravy

Cooks choice Curry served with 50/50 Rice

✓ Filled Jacket Potato  
Served with fresh crisp salad

Fresh fruit segments, Melon or Yoghurt

### Wednesday

✓ Hot Cheese Panini Served with fresh crisp salad & Coleslaw

Hot Paninis served with fresh crisp salad, Coleslaw & sweetcorn

✓ Filled Jacket Potato  
Served with fresh crisp salad

Cooks Choice Homemade cake

### Thursday

✓ Homemade Pasta Bake served with Garden Peas

Oven baked Crumb coated chicken served with wedges & garden peas

✓ Filled Jacket Potato  
Served with fresh crisp salad

Jelly and Fruit

### Friday

Oven baked Fish Fingers served with chunky chipped potatoes, garden peas or baked beans

Homemade Cheese Flan served with chunky chipped potatoes garden peas or baked beans

✓ Filled Jacket Potato  
Served with fresh crisp salad

Cooks Homemade Shortbread

## Week Two

### Meat Free Monday

✓ Margarita Pizza  
Served with herby diced potatoes, and sweetcorn

Homemade Baked Omelette  
Served with herby diced potatoes, and sweetcorn

✓ Filled Jacket Potato  
Served with fresh crisp salad

Vanilla ice cream

### Tuesday

✓ Homemade Cottage Pie served with seasonal vegetable

Beef chilli served with 50/50 rice

✓ Filled Jacket Potato  
Served with fresh crisp salad

Fresh fruit segments, Melon or Yoghurt

### Wednesday

✓ Hot Cheese and Ham Panini Melts  
Served with fresh crisp salad & Coleslaw

Spicy Quorn served with savoury rice & vegetables

✓ Filled Jacket Potato  
Served with fresh crisp salad

Jelly and Fruit

### Thursday

✓ Homemade Pasta Bolognese served with garden peas

Oven baked Battered Salmon served with wedges and garden peas

✓ Filled Jacket Potato  
Served with fresh crisp salad

Cooks Choice Homemade Biscuit

### Friday

Chicken goujons served with chunky chipped potatoes garden peas or baked beans

Homemade Cheese Flan served with chunky chipped potatoes garden peas or baked beans

✓ Filled Jacket Potato  
Served with fresh crisp salad

Cooks Homemade Cake

## Week Three

### Meat Free Monday

✓ Homemade Tomato & mascarpone pasta bake served with a fresh crisp salad

Oven baked Quorn Nuggets served with herby diced potatoes and sweetcorn

✓ Filled Jacket Potato  
Served with fresh crisp salad

Vanilla ice cream

### Tuesday

✓ Roast Chicken served with sage & onion stuffing roast & creamed potatoes, seasonal fresh vegetables & gravy,

Fish finger served with Creamed potatoes and seasonal fresh vegetables

✓ Filled Jacket Potato  
Served with fresh crisp salad

Fresh fruit segments, Melon or Yoghurt

### Wednesday

Chicken Tikka Masala served with 50/50 rice & vegetables

Beef burger in a bun  
With baked wedged potatoes and coleslaw

✓ Filled Jacket Potato  
Served with fresh crisp salad

Cooks Homemade Flapjack

### Thursday

✓ Pork Meatballs in homemade tomato sauce served with Spaghetti and peas

Cooks choice Hot Paninis or wrap served with a fresh crisp salad & Coleslaw

✓ Filled Jacket Potato  
Served with fresh crisp salad

Jelly and Fruit

### Friday

Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

Homemade Cheese Flan served with chunky chipped potatoes garden peas or baked beans

✓ Filled Jacket Potato  
Served with fresh crisp salad

Cooks Homemade Cake

**Menu cycle week one:** 16<sup>th</sup> May, 6<sup>th</sup> June, 27<sup>th</sup> June, 18<sup>th</sup> July, 8<sup>th</sup> August, 19<sup>th</sup> September, 10<sup>th</sup> October

**Menu cycle week two:** 2<sup>nd</sup> May, 23<sup>rd</sup> May, 13<sup>th</sup> June, 4<sup>th</sup> July, 25<sup>th</sup> July, 15<sup>th</sup> August, 5<sup>th</sup> Sept, 26<sup>th</sup> Sept, 17<sup>th</sup> Oct

**Menu cycle week three:** 9<sup>th</sup> May, 30<sup>th</sup> May, 20<sup>th</sup> June, 11<sup>th</sup> July, 1<sup>st</sup> August, 12<sup>th</sup> Sept, 3<sup>rd</sup> October, 24<sup>th</sup> October



= Vegetarian ✓ = Vegetarian substitute available  
Lunch will be served with fresh milk or drinking water.  
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website [www.warrington.gov.uk/schoolmeals](http://www.warrington.gov.uk/schoolmeals)



**WARRINGTON**  
Borough Council