Conway Centre Visit – July 2019

Luggage

One medium sized case or rucksack, which the children can pack and carry, plus one piece of hand luggage. It is also advisable to include a waterproof bag for wet clothes.

# Spending Money

£5.00 maximum, in a named wallet/purse. This should be handed to Miss Roberts before we leave.

**Medication**

Should be in date, have the child’s name on it and contain only the required dosage. An administration form should also be completed (available from the office). Please hand to Mrs Kelly on the day.

**Clothing**

Please ensure (where possible) that all clothing is clearly labelled with your child’s name.

* **trainers** – ‘walking style’ trainers, or ‘converse type’ pumps are probably best. They will get soaking wet. (minimum 2 pairs)
* **t-shirts** – some of the activities require long sleeves
* **fleece / sweatshirt** – no hoods if possible (minimum 2)
* **long trousers** – something that will dry quickly (minimum 2 pairs - no jeans please)
* **shorts** – for ‘down’ time (optional)
* **waterproof jacket** – just in case! (the centre provides waterproofs for the activities)
* **underwear**
* **nightwear** – please be aware that in the event of a fire alarm the children could be evacuated in what they are sleeping in.
* **slippers** – or ‘indoor footwear’
* **hat** – essential!

**Please note also that some activities might result in the children getting *VERY* muddy and/or wet. Expensive clothing or footwear that might get ruined is not recommended.**

**Other Equipment**

* **toiletries** – no aerosols, due to fire alarm issues
* **towels x2**
* **sun cream**
* **‘bin’ bag for wet / muddy clothes**
* **teddy?**

***We request that*** mp3 players / electronic games, or any items of value are not taken, as it is not possible to guarantee their safekeeping. Apart from the journey, the children will actually have little time when they are not involved in some form of group activity.

**Mobile phones and digital cameras are not allowed.**

**Finally, the children will require a ‘disposable’ packed lunch on the Monday.**

Please feel free to email (lkelly@twissgreen.net) if you require clarification/further information.